The Mad Lib Mini Biography is useful for:

- Identifying your personal values, skills, interests, and goals
- Finding correlations between your values, skills, interests, and goals and positions in a variety of career fields or industries
- Recognizing how others have affected your educational and career goals
- Defining what is most important to you and how to achieve it

Directions:

Complete the Mad Lib Mini Biography by filling in the blanks with an appropriate word or phase. Each blank has a noun, verb, or adjective listed in parentheses to guide you in completing the sentences.

Things to Think About:

- What blanks were easy for you to fill in? What blanks were difficult to come up with a response?
- In your own words, how do your values and interests inform your decisions about careers?
- What values are important to your closest friends or family members? How have their values influenced you and your goals?
- Did this activity bring up any topics that were difficult to think about?

If you would like to talk to someone about this activity or need additional resources, Career Services is available to all students! Check out our website to make an appointment or to see upcoming events and workshops: http://www.careers.vcu.edu
My name is ______(name)______________ and I am passionate about _____(list one or more things you are passionate about)_____. The most important thing to me in my life is to __________(life goal) _______. If I don’t achieve this life goal, I will be _____(emotion)_____ because ________(reason)______. I (have / have not) had conversations with my family about this life goal and it (is / isn’t / not sure) supported by them. I (am / not) sure what degree I want to pursue at VCU. I want to pursue a degree in _____(degree if you know)___________. The main goal for me to get an education is ______(educational goal)_________. I (am / am not) confident that I can achieve this goal. A personal weakness I may have in achieving this goal is ________(list a weakness)__________. A personal strength I have that will help me achieve this goal is _____(site a strength)_____________. I (do / don’t) have someone in my personal life that has pursued a similar education as I am. People in my personal life (do / don’t) support my educational goal. If I am not pursuing this educational goal I (do / do not) know what I would be doing at this point in my life. I would be _____(list what you would be doing if you know)______. I think that the biggest external road blocks between me and my goals are ____ (list road blocks if any)______________. These road blocks (do / don’t) make me ________(emotion)______. I (do/don’t) know what I want to do for a career. I want to ________(career choices, can list more than one if you know)______. The most important thing to me when I think about my career is that I am ___(activity)_______ every day. If I don’t achieve this career goal, I will be ____ (emotion)______ because ________(reason)_____________. I (am / am not) willing to have a job just to make money to support my career if need be until I get on my feet. I can imagine for a job I could ________(list jobs that you could do to support your career if applicable)_____. These jobs would make me ________(emotion if applicable)__________. I (do / don’t) know what types of jobs I would refuse even if they paid a lot of money. Those jobs are ________(list jobs you would not do)___________. I (do / don’t) know how much money I would need to earn from a job. I estimate that annual amount to be _____(dollar amount if you know)____.